



Lisa Larkin, M.D.

Lisa Joliat, M.D.

Maria Wright, M.D.

Cindy Dellinger, M.D.

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Dear Patient,

We hope you had an enjoyable holiday and that you rang in the New Year in good health.

At Lisa Larkin, M.D., & Associates, 2009 brings continued expansion of the health care services we offer our patients. From partnerships with new specialty providers to a fresh monthly lecture series, to the latest in osteoporosis treatment, we're pleased to announce a number of enhanced options to enrich your health care experience.

Foremost, we are thrilled to be welcoming a fourth **internist, Kim Miller, M.D.**, to our practice. Dr. Miller, who joins us from Alliance Primary Care in Mason, will begin seeing patients on March 2. Dr. Miller is particularly interested in women's health. Over the past 15 years, she has been involved in a number of clinical research studies on the major health problems of older women through the National Institutes of Health's Women's Health Initiative. For more information or to schedule an appointment with Dr. Miller, call our office at 513.571.5111 or e-mail officeinfo@lisalarkinmd.com.

Just this month, we kicked off a **fresh monthly lecture series** featuring local physicians discussing health and wellness topics ranging from breast and prostate cancer to dietary supplements and cosmetic surgery. Lectures are held on Tuesday evenings at the Cincinnati Sports Club, and each evening's agenda features two different lectures – one at 6:30 p.m. and another at 7:30 p.m. – each followed by a Q&A session, with a refreshment break between the two. There is no cost to attend; however, registration is required. For additional details, including a complete list of lecture topics and dates, see the enclosed card.

In March, we will begin offering **Reclast, the once-per-year I.V. medication for the treatment of osteoporosis**. Approved by the FDA, Reclast is administered by a simple, 20-minute I.V. infusion and reduces osteoporotic-related fractures for a full year – no longer do patients have to worry about missing a dose. And Reclast bypasses the digestive system, eliminating the common gastrointestinal side effects of many oral osteoporosis medications.

If you're interested in receiving Reclast treatment in place of oral medication for osteoporosis, check with your provider or visit www.lisalarkinmd.com for more information. You're also welcome to attend Dr. Larkin's upcoming lecture on osteoporosis and Reclast treatment, *No bones about it: You can do something about osteoporosis*, on Tuesday, Feb. 17, at the Cincinnati Sports Club. (For details, see enclosed card.)

Due to high demand, the **vascular screenings** we began offering in the fall will continue in the new year, with dates currently scheduled for the following Fridays: Feb. 20, March 20 and April 17. For patients with cardiovascular risk factors, these tests screen for vascular disease and provide information about vascular health. For more information, visit www.lisalarkinmd.com and click on "Vascular Services," or simply call our office at 513.271.5111 to schedule your screenings.

At this time, **all physicians within our practice are accepting new patients**. If you are happy with your care at Lisa Larkin, M.D., & Associates, we welcome and appreciate the opportunity to care for your family and friends. For those with gynecologic needs, **Cindy Dellinger, M.D., F.A.C.O.G.**, offers complete gynecologic care, including: management of oral contraceptives, Implanon and IUD insertion; laparoscopic and hysteroscopic sterilization; diagnosis and management (medical and surgical) of abnormal uterine bleeding, including hysteroscopic endometrial ablation, and laparoscopic and trans-abdominal pelvic surgery. Additionally, she

offers diagnosis and management of abnormal cervical cytology and chronic pelvic pain/endometriosis, as well as adolescent office gynecology (ages 13 and above). For more information or to schedule an appointment*, call our office at 513.271.5111.

This month, we are happy to announce the addition of two new specialist physicians at our Red Bank location. **Endocrinologist Amanda Denney, M.D.**, is opening the Christ Hospital-affiliated Diabetes and Endocrine Center in suite 122. Prior to this endeavor, Dr. Denney spent three years as an assistant professor of clinical medicine in the division of endocrinology, diabetes and metabolism at the University of Cincinnati College of Medicine. An expert in the treatment of endocrine and metabolic diseases, Dr. Denney offers specialized care for patients with diabetes, thyroid and/or pituitary disease. For more information or to schedule an appointment with Dr. Denney, call 513.272.0313.

We also are pleased to welcome **Urologist Gwen Roesel, M.D.**, who has opened her practice in suite 124 at our Red Bank location. Dr. Roesel specializes in male, female and geriatric urology – particularly the treatment of male and female incontinence, sexual dysfunction, painful bladder syndrome, prostate and bladder cancer and kidney stones. Her practice offers full-service, in-office vasectomy, cystoscopy, prostate biopsy, ultrasound and urodynamics. For more information or to schedule an appointment with Dr. Roesel, call 513.271.2862.

And we are delighted to announce the addition of **Rob Rickenbaugh, R.N.**, whose nursing experience and extensive business background make him uniquely qualified for his new role as assistant practice manager. Rob joins us after two years working in critical care at the Christ Hospital, where he cared for patients with a wide variety of acute, life-threatening conditions. He will be managing the Reclast treatment program beginning in March and will be starting a travel vaccination program later in the year. On the business side, Rob is running the health and wellness lecture series and assisting with the day-to-day management of the practice.

Lastly, we'd like to remind all Comprehensive and Comprehensive Plus patients that e-mail communication with your physician is for *non-urgent* needs only. Always **call the office** for urgent medical needs – both during and outside of regular business hours – as a response to e-mail may take 24-48 hours. If you are not currently participating in one of these annual plans but would like the convenience of being able to e-mail your physician with non-urgent needs, there are still spaces available for patients in our Comprehensive Plan. For more information, visit www.lisalarkinmd.com and click on "Annual Service Plans," which can be found under the "Practice Information" heading.

And if you'd like to be added to our e-mail list to receive our e-newsletter and other patient services announcements, simply send an e-mail request to officeinfo@lisalarkinmd.com.

As we welcome a new year, we often reflect on what we could be doing to take better care of ourselves. We hope you will take this opportunity to consider a more proactive approach to your health – whether that's starting an exercise program, getting a vascular screening, making that appointment you've been putting off or simply attending one of our free lectures.

As always, we thank you for the opportunity to participate in your health care and hope to see you in good health in 2009!

Sincerely,

Lisa Larkin, M.D.
Maria Wright, M.D.
Lisa Joliat, M.D.
Cindy Dellinger, M.D., F.A.C.O.G.
Sondra Lyness, P.A.-C.

**Please note that the annual administrative fee of Lisa Larkin, M.D., & Associates does not apply to patients of Dr. Dellinger.*